

What is infantilism?

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Infantilism is a fairly popular phenomenon in psychology. It is usually manifested in the form of excessive disason, carelessness and irresponsibility. All these features are inherent far from children, and adults and independent people. Psychologists of the whole world are trying to find out the cause of human infantality. In this article you will learn who is a infantile person, and is it possible to get rid of it.

Infantility in psychology

The definition of "infantilism" in psychology involves the manifestation of child behavior in adults. In psychiatry, such a concept means a pathological delay in personality development, and in biology - delay in the development of organs. Despite the fact that such people look like ordinary adults, children's habits skip their behavior. Social and psychological reasons for infantality

Social and psychological infantality is very similar, while manifests the infantile syndrome, depending on the habitat of a person: a modern culture that offers many entertainment designed for children and eternal youth advocating. Social infantilism can develop if the child is brought up in an incomplete family, because in the upbringing requires not only maternal, but also the father's principle. Young parents can also grow an "adult child." Excessive parental care and lack of experience in solving vital difficulties lead to social infantilism. Another reason for infantile behavior can be the delegation of duties, in which a person does not learn to solve difficult life tasks.

All of the above situations lead to the fact that adult people cannot take responsibility, pushing adult life for later. Manifestation of infantilism

You can identify infantilism according to the following signs: unwillingness to plan your future; excessive attachment to parents; reluctance to develop; A person is experiencing great difficulties, if it comes to independent decision-making, which is a mental infantilism; lack of independence; The desire to constantly have fun, pushing more significant things to the second plan. Infantile people in work and personal life

For infantile people, it is characteristic of the unwillingness to take responsibility at work and in personal life. Even if the infantile worker is a professional, it can easily abandon the perspective. Such people can decide to quit only because of the fact that they are bored at work. Another symptom of infantills in love relationships is the search for a parent satellite, which will take care and constantly solve their problems. How to get rid of infantilism?

Psychophysical infantilism is a problem from which you can get rid of, if you make certain efforts. In

the fight against infantilism, psychologists recommend applying the following: it is necessary to learn to take responsibility for their lives exclusively on themselves. As an example, you can take a decision of a person regarding his close circle of communication. Another important point is freedom. If a person continues to live with his parents, emotionally he will not be responsible, so it is recommended to spend the strength to learn how to earn and live separately.

To embody the conceived, you need to get out of the comfort zone and start acting. With infantility, it is necessary to fight, because it prevents personality to manifest itself, as well as to have its own choice. An infantile person is extremely important to develop the brain and cognitive functions. This can be done with the Vikuum simulators.